

**Pearl of Grace Ministries, Uganda**

Hi, I'm Lisa Buyinza and I've been serving in Uganda over the last 5 years. With the help of a small team, I developed an organization called Pearl of Grace Ministries, in Gomba and Entebbe, which exists to holistically support vulnerable or abused children & adolescents, for the purpose of seeing lives transformed by the love of Jesus.

**Holiday Program 2023**

We've just finished a 10 day holiday program, running from the girls' home, with a variety of guest speakers. Our theme for the week has been, "New Vision New Mission"! We have been blessed by powerful times of worship, prayer, and sharing the Bible together. I am excited to see the level of growth that can steadily blossom out of the girls the more they are exposed to the right gospel message and invested in, in a loving Christ-centred family.

**Girls' Day: Community Pearls**

I have been working to develop a friendship and ministry relationship with a woman called Tina who leads a girls' group from my church, with a view to merging our two girls' groups together. Part of our vision is to invest in girls from the community as well as those who live in



the POG girls' home, whilst serving together with the local church. I invited Tina to lead a catering skill training session on our second Girls' Day, followed by leading the second small group. There was a warm vibe in the home as the girls from the church and POG merged together.



Alongside discipleship, love and encouragement, we implemented a number of other training sessions into the week; to develop and equip the girls with simple skills that have potential for drawing in a future income. These included paper bag making (bought by many snack vendors for selling their items). We were all inspired by our house mother, Barbara, as she shared her testimony during our session. We looked at the story of the feeding of the 5000 and how a simple supply of bread and fish produced an abundant supply for the huge hungry crowd. Barbara testified that the seemingly basic skill she learnt during school (making paper bags), which people undermined as insignificant, when placed in the hands of Jesus and her willingness, God multiplied the little to become her major source of income in her current business today. She is now training other women and young girls in that same skill. Her words helped motivate the girls to recognize the value in learning & developing their skill profile at this stage of their life.

Throughout the program we have been sure to create space for 1:1 time with the girls; for them to share their hearts and be alongside them in their processing of all that is going on in their lives & this week.

**Programme for Rob Hoy and Simon Bacon's trip to Rwanda and Uganda 15<sup>th</sup> Feb - 11<sup>th</sup> March**

Wed 15 Feb	20:30 flight from Heathrow to Kigali arriving 07:00 on Thursday 16th.
Thurs 16 Feb	Taxi to Byumba. Meet the people involved in the tank building training and start building the tank bases.
Fri 17 - Tu 28 Feb	Ferrocement tank construction training course at Byumba.
Tues 28 Feb	Travel by taxi from Byumba to Kigali to meet up with John and Gill Griffith at Solace Ministries. John and Gill will then be with us until the end of our visit. Stay at Solace Ministries overnight on Tues 28 <sup>th</sup> .
Wed 1 March	07:00 flight from Kigali to Kamembe, arriving at 07:40. Taxi to Peace Guest House (Cyangugu Diocese).
Wed 1 - Sun 5 Mar	Staying at Peace Guest House in Cyangugu Diocese. Activities include visits to water filter beneficiaries, widows, local NGO and meeting contacts from the DRC.
Mon 6 March	08:20 flight from Kamembe to Kigali, arriving 09:00. Stay overnight at Solace Ministries.
Tues 7 March	10:35 flight from Kigali to Entebbe (Uganda) arriving 12:35. Travel to Buikwe.
Wed 8 March	Visiting beneficiaries of filters in Buikwe.
Thurs 9 March	Taxi to Entebbe where John Griffith will organise transport to filter beneficiaries near Lake Wamala.
Fri 10 March	Visiting beneficiaries of filters in Lake Wamala community.
Sat 11 March	Travel to Entebbe for flight to Kigali. Overnight flight from Kigali to Heathrow.



## Consider Joining Climate Stewards' Carbon Fast for Lent 2023 (22nd February - 8th April)

In the Bible, caring for creation is God's first instruction to humans. This Lent, a time when Christians traditionally fast and focus on God, why not take up this Lent challenge to reduce our impact on the natural world and our global neighbours?

When we're faced with the enormity of climate change and its impacts on our world we can wonder whether doing our bit will make a difference. The answer is an emphatic "Yes!"

By living lightly and choosing what is best for us and the world we encourage those around us to do the same things – and the community of those who care grows.

Find out more and sign up for the Carbon Fast for Lent at <https://www.climatestewards.org/resources/carbon-fast/>

Anyone wanting the information who doesn't have easy internet access is welcome to contact one of the Creation Care Team and ask for a printed copy of the weekly suggestions. Here is a summary:

Weeks 1 & 2: 22nd Feb - 4th Mar Fast from Consumerism (Buy Nothing)

Week 3: 5th - 11th March Fast from Meat, Dairy or Desserts

Week 4: 12th - 18th March Fast from Cheese, Chocolate & Coffee

Week 5: 19th - 25th March Fast from Long Showers & Using Tumble Dryer

Week 6: 26th March - 1st April Fast from Driving

Week 7: 2nd - 8th April Fast from Screens



### TO KEEP A TRUE LENT

by Robert Herrick

Is this a fast, to keep  
The larder lean?  
And clean  
From fat of veals and sheep?

Is it to quit the dish  
Of flesh, yet still  
To fill  
The platter high with fish?

Is it to fast an hour,  
Or ragged to go,  
Or show  
A downcast look and sour?

No; 'tis a fast to dole  
Thy sheaf of wheat,  
And meat,  
Unto the hungry soul.

It is to fast from strife,  
From old debate  
And hate;  
To circumcise thy life.

To show a heart grief-rent;  
To starve thy sin,  
Not bin;  
And that's to keep thy Lent.

### Creation Care Household Survey

I put off trying to do the creation care household survey on line, but a rainy day at home enabled me to run through the categories and assess how we are doing in terms of our home, heating, garden, travel, food, possessions etc.

<https://creationcare.org.uk/>

The result was a reminder once again that our old diesel car should become a "part-time worker" not used every day for short trips, and I should be using public transport, my own legs, and more environmentally friendly ways of getting around as far as possible. There are other areas too where we could be doing better as a household, but the main one for which I have lone responsibility is the car! Let's see if I can do better!



There are many other areas we could improve in terms of our lifestyle (eg eating seasonal food, not all-year-round imported fresh foodstuffs) so plenty to work on, to reduce our burden on the planet. Thinking of our "global neighbours" who don't have the privilege of these luxuries, and praying for them, is important too.

Mary B.

### GIVING TO TRINITY

You can give to support the mission of TRINITY in a variety of ways. If you are a regular member or consider TRINITY your church, the best way to give is through the Parish Giving Scheme (PGS).

Please visit our website for more details <https://trinitylewes.org/about/giving/> For any queries about setting up regular giving with the PGS, please get in touch with their support team: Phone: 0333 002 1260; Email: [info@parishgiving.org.uk](mailto:info@parishgiving.org.uk); Our church name is TRINITY Church Lewes and our PGS parish code 100610471.



You can also give using our contactless systems at our sites, and you can give cash or cheques to the clergy or post cheques to the office. If you are able to gift-aid your donation, we can claim back 25% of your giving as no extra cost to you. Please email ([finance@trinitylewes.org](mailto:finance@trinitylewes.org)) and our treasurer will be able to give you the forms to do this.

### OUR LOCAL FOOD BANKS NEED

Tinned meats, tinned fruit, tinned veg, cereals, long life (UHT) milk, toiletries



Items may be brought to church on Sundays or left in the porch at TRINITY St John's or TRINITY Southover.



Café 12/31 is open for food and drink

Tuesday to Friday  
10:00am - 4:00pm

Saturday  
9:00am - 1:00pm

### TRINITY Southover is open for prayer

Monday & Wednesday  
12:00 noon - 3:30pm

Tuesday, Thursday & Friday  
9:30am - 3:30pm

Southover High Street, BN7 1JH

[trinitylewes.org](http://trinitylewes.org)

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