Let us pray…

For those who are sick and suffering…
Paul Markby, Martin Pett, Sonia Tann, Ann Washer, Aniko Williams

For those who are grieving…
Family & Friends of… Roger Boulter (Paul's father)

Ideas to guide and ignite your prayers this fortnight:

- Praise for a good start to the Bible Course; pray that all involved will continue to learn and grow in their faith
- That the people attending the Bereavement Journey will gel as a group and will each sense the Lord's love
- That the event on 17 October will be a real help to people diagnosed with dementia and those who support them
- For God's guidance to the PCC, meeting on 22 October
- For Prison Fellowship volunteers serving in Lewes and other prisons, that they will make a real difference
- Thank God for the difference that Southover Counselling has made in people's lives over the years
- Pray for a good resolution of ongoing conflicts in Sudan
- For refugees who have fled war and persecution, and those seeking to serve them
- For those suffering from loneliness in our local communities, and that we may be sensitive to their needs
- That we will truly allow Jesus to be Lord of our lives

Give praise to the LORD, proclaim his name; make known among the nations what he has done. (Psalm 105:1)

TFM Prayer Group - Sundays at 8.30am on Zoom
Meeting ID: 813 562 028. Passcode: 050716

Open to God - Fridays at 8.00am on Zoom
Meeting ID: 365 049 018, Passcode: 338524

St John's (church, office and Café) closed Tues 13th Oct.

Who's Who at TRINITY

Rector	Revd Anita Colpus anita@trinitylewes.org 07786 268612 (sabbath – Mon)
Assoc. Vicar	Revd Paul Boulter paul@trinitylewes.org 07541 618241 (sabbath – Mon)
Assoc. Vicar	Revd Jeremy Bamber (p/t) jeremy@trinitylewes.org
Pastoral Minister	Janette Watkins janette@trinitylewes.org 07866 301384 (sabbath – Fri)
Premises Manager	Richard Colpus bookings@trinitylewes.org 07961 571402 (sabbath – Mon)
Worship / Evangelist	Esi Appiah-Kusi (sabbath – Fri) esi@trinitylewes.org
Administrator	Christine Angell (p/t) office@trinitylewes.org

Office: TRINITY Centre, Abinger Place, Lewes BN7 2QA
01273 474377 // office@trinitylewes.org

Please send items for next TRINITY News to Christine in the office by 9.00am on Wednesday 21 October.

TRINITY

"to see lives transformed by the love of Christ and to build wholehearted disciples of Christ"

TRINITY News for 11 & 18 Oct 2026

	Sunday 11 October
8.30am	TFM Prayer group on Zoom
9.30am	Morning Worship at South Malling
10.30am	All Age Morning Worship at St John's
11.00am	Holy Communion at Southover
6.30pm	Evening Service at St John's
	Monday 12 October
10.00am	Monday Club at Church End
	Tuesday 13 October
7.30pm	The Bible Course at Southover
	Wednesday 14 October
9.00am	BCP Communion at Southover
9.30am	Lighthouse at St John's
2.00pm	Bereavement Journey starts at Church End
3.45pm	'Have you heard the news?' musical at SJ
	Thursday 15 October
5.00pm	Firm Foundation (Juniors) at St John's
7.30pm	Worship Team Night at St John's
	Friday 16 October
8.00am	Open to God Prayer group on Zoom
7.30pm	TYG at St John's
	Saturday 17 October
2.30pm	Living Well with Dementia at Southover
	Sunday 18 October
8.30am	TFM Prayer group on Zoom
9.30am	Morning Worship at South Malling
10.30am	Holy Communion at St John's
11.00am	Morning Worship at Southover
6.00pm	Youth Service
	Monday 19 October
10.00am	Monday Club at Church End
	Tuesday 20 October
9.30am	Lighthouse at St John's
7.15pm	LSG at St John's
7.30pm	The Bible Course at Southover
	Wednesday 21 October
9.00am	BCP Communion at Southover
9.30am	Lighthouse at St John's
3.45pm	'Have you heard the news?' musical at SJ
7.30pm	Praying Together in Chapter House
	Thursday 22 October
5.00pm	Firm Foundation (Juniors) at St John's
6.30pm	Firm Foundation (Seniors) at St John's
	Friday 23 October
8.00am	Open to God Prayer group on Zoom
7.30pm	TYG at St John's
	Sunday 25 October
8.30am	TFM Prayer group on Zoom
9.30am	Holy Communion at South Malling
10.30am	Morning Worship at St John's
11.00am	Morning Worship at Southover
6.30pm	Evening Service in Chapter House

Morning services from St John's & Southover are live-streamed.

Bell ringers at Southover on Tuesday evenings

Running Tues evenings SO

With 58 on the course, we need more help with washing up. Please contact Paul.

PAINTING WORKPARTIES – Southover Hall Upper Room – Friday 16 Oct all day and Sat 17 Oct am

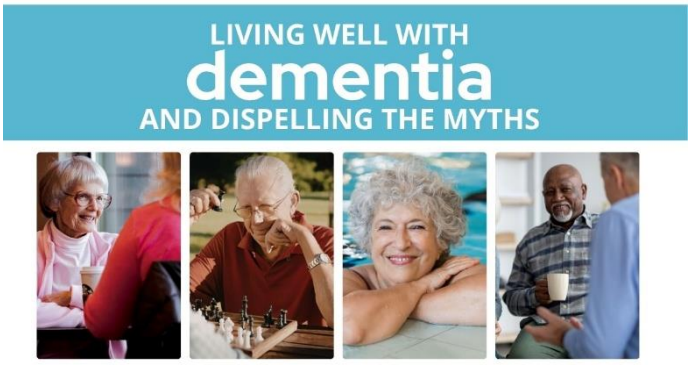
CHURCH END WORKPARTIES – inside and outside – Tue 27 Oct all day and Wed 28 Oct am

We need people to come and volunteer a couple of hours to help with painting, moving stuff and gardening as we finish the Hall refurbishment and get Church End ready for some building and plumbing work starting at the beginning of November.

Please speak to Richard Colpus for more details.

LIVING WELL WITH DEMENTIA & DISPELLING THE MYTHS

Saturday 17 Oct, 2.30pm at Southover. Hear from an

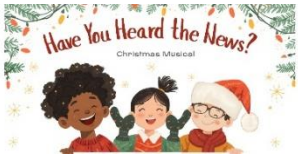


inspirational speaker + Q&A discussion panel and presentation on dementia.

For those with a dementia diagnosis, those caring for them or business owners seeking to make their organisation more dementia friendly.

More info & sign up: trinitylewes.org/dementia

HAVE YOU HEARD THE NEWS? There are still spaces for both adults and children to join rehearsals for the Christmas Musical.



Wednesdays at St John's 3.45pm – 5.00pm

See Esi or Richard Colpus.

SOUTHOVER COUNSELLING

This service will be closing at the end of November after more than 14 years. It has provided support and help to many folk in the church and the wider community. Jeanette and the team thank all those who have supported the service and recommended Southover Counselling to others.

THE BIG NIGHT IN - Sat 31 Oct at SO

An alternative to Halloween.
Fun, games and lots of LIGHT!
£5 per child including food
5.30pm – 7.30pm.
More info & sign up: trinitylewes.org/bignight
We would be glad of some more helpers for the event. Please email Ellie ellie@trinitylewes.org if you are available.
Jam jars needed – please bring to church in advance.

THE BEREAVEMENT JOURNEY

The course will start on 14 October for 7 weeks, 2pm to 4pm at Church End. Contact Janette on 07866 301384 for information.

Sign-up link: trinitylewes.org/bereavement-journey

SING IN THE CHOIR AT TRINITY'S CAROL SERVICES

Would you like to sing in the choir this year?

Our two services (13th & 20th December) will be almost identical in content, so we would love you to sing at both carol services! Rehearsal will focus on the choir items, and the harmonies for the congregational carols. For more information, or to say you want to sing, please email esi@trinitylewes.org

Rehearsal dates are as follows:

Date	Time	Location
Saturday 31 October	10-11 am	South Malling (SM)
Friday 6 Nov	7-8 pm	Southover (SO)
Saturday 14 Nov	10-11 am	SM
Saturday 21 Nov	10-11 am	SM
Friday 27 Nov	7-8 pm	SO
Friday 4 Dec	7-8 pm	SO
Saturday 5 Dec	10-11 am	SM
Saturday 12 Dec	10-11 am	**SM final rehearsal**
Sunday 13 Dec	Arrive 5.30pm	**SM service @6.30pm**
Friday 18 Dec	7-8 pm	SO final rehearsal
Sunday 20 Dec	Arrive 5.30pm	**SO service @6.30pm**

NEW WINE EQUIP DAY & WORSHIP NIGHT Sat 7 November

TRINITY is hosting this at St John's. We need welcomers and people to serve refreshments at the beginning of the day and before the evening event (doors open 7.00pm). Please contact the office to volunteer: office@trinitylewes.org

To attend the Worship Night, book a free ticket via: https://new-wine.org/events/worship-team-equip-days/

FUTURE DATES FOR YOUR DIARY

Wed 28 Oct	7.00am	Praying Together in CH
Sat 31 Oct	9.30am	Prayer Walk
Sat 31 Oct	5.30pm	The Big Night In at Southover
Mon 2 Nov	7.30pm	Praying Together at CE
Wed 4 Nov	12.30pm	Praying Together at St John's
Fri 13 Nov	7.00pm	Praying Together in CH
Wed 18 Nov	7.30pm	Praying Together in CH
Wed 25 Nov	7.00am	Praying Together in CH
Sat 28 Nov	9.30am	Prayer Walk
Thu 3 Dec	7.10pm	PCC meeting
Sun 6 Dec	3.00pm	Bereavement Service at SO
11 & 12 Dec		Christmas Musical at SJ
Sun 13 Dec	6.30pm	Carol service at S Malling
Sun 20 Dec	10.45am	All Age Nativity at SJ
Sun 20 Dec	6.30pm	Carol service at SO
Thu 24 Dec	3 & 5pm	Christingle services at SJ

Who's responsible for Safeguarding? All of us!

Safeguarding

We take the safeguarding of children and vulnerable adults seriously. If you have any concerns, please speak to:

Sandra Denton, Safeguarding Lead 07886 865782
safeguarding@trinitylewes.org *or*
Anita / Paul / Janette